

## ABSTRACT OF THE DISCLOSURE

A disposable garment includes a chassis defining one or more openings for the legs, arms, waist or the like on a wearer. At least a portion of the chassis includes a targeted elastic material including zones of high and low elastic tension in the same material, integrated during formation of the material. The targeted elastic material is positioned so that at least one high tension zone is aligned with at least one garment opening, thereby functioning as an elastic band without requiring a separately manufactured, attached elastic band.